

# A finger gym week for the tots

The little champs of nursery/LKG at PDEA English Medium Primary School, Kharadi, had a fun filled week of online activities on the topic 'Finger Gym' - a fine motor skills activities week from July 5 to 9. The children were curious and excited about all the activities.

Finger gym comprises games and activities that help children develop fine motor skills and exercises the small muscles in the fingers, thumbs and hands that are used when writing. Fine motor skills are all about the coordination of hand and eye at a young age. With these skills, children will be able to enjoy colouring, grabbing toys or any games that need hand-eye coordination.



## FINE MOTOR SKILLS ACTIVITIES

On day one - the children did scribbling. The next day there was a new activity - scissors skill. The third day they were introduced to 'lac-

## Finger gym activities

ing the cards'. The next day they learnt how to button or unbutton their shirt. The last day of the week they sorted pom pom balls, rajma pulses, chickpeas with clothespins. By using finger



gym resources to improve their fine motor skills children gain confidence when it comes to new tasks. Principal Aruna Gulunjkar appreciated the children and teacher's effort.